

Milford Township

From: Laurie DiGeso [secretary@milfordpa.org]
Sent: Wednesday, December 23, 2020 1:06 PM
To: Boro Secretary; dingman@ptd.net; gflawn@ptd.net; 'info@matamorasborough.com; Joseph Dooley; Milford Township; 'Shohola Township'; 'westfallsec@optonline.net'; 'david.ruby1972@gmail.com'; 'jchristensen1433@gmail.com'; dpluhrs@yahoo.com; ravfhendricks@gmail; ravfhendricks@gmail
Subject: Ambulance Committee
Attachments: 20201223123233088.pdf

Laurie DiGeso
Milford Borough Secretary
500 Broad Street
Milford, PA 18337
570-296-7140



Borough of Milford

Commonwealth of Pennsylvania



**500 Broad Street
Milford, PA 18337
570-296-7140**

Fellow Ambulance Committee Members

As per Jeff Christensen and Dave Ruby, starting January 1, 2021 they are going to change hired ambulance service to 5 days a week. They will also set up a separate bank account where we can deposit money for invoices they may incur from the ambulance service.

The monthly meeting will most likely be on Tuesdays once they confirm with the department.

If there are any issues, we can schedule a meeting.

Thank you.

Milford Township

From: Jessica Rella [jessica@magnottalaw.com]
Sent: Monday, December 28, 2020 12:21 PM
To: Milford Township
Cc: 'penney luhrs'; 'Gary Williams'; 'Rachel Hendricks'; 'Rachel Hendricks'
Subject: Milford Township - Resolution: Kirk Summa and Company, LLP appointed as Auditor for 2021
Attachments: Milford Township Resolution No ____ - 2021 Audit.docx

Dear Shahana:

Attached please find the Resolution appointing Kirk Summa and Company, LLP as Auditor for Fiscal Year 2021.

Kindly execute the same and provide me with a fully executed copy from all.

Thank you,

Jessica Rella
Legal Assistant

ANTHONY J. MAGNOTTA, ESQ.
Attorney At Law
1307 Purdytown Turnpike
Oxford Place - Suite A
Lakeville, PA 18438
Phone: (570) 226-5700
Fax: (570) 226-5654
E-Mail: contact@magnottalaw.com

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Milford Township
Pike County, Pennsylvania

Resolution ____ - 2021

The Board of Supervisors of Milford Township, Pike County, Pennsylvania, do hereby adopt this Resolution pursuant to Section 917(b)(1) of the Second Class Township Code as follows:

Resolved, that Kirk Summa and Company, LLP of 1 Dansbury Terrace, East Stroudsburg, Pennsylvania 18301, is hereby appointed to perform an Audit of the Township's finances pursuant to Section 901, et. seq., of the Second Class Township Code for Fiscal Year 2021 at a rate of Four Thousand Two Hundred (\$4,200.00) Dollars.

Upon motion duly made, seconded and passed, the Board of Supervisors adopted this Resolution at its Reorganization Meeting on January 4, 2021.

Milford Township Board of Supervisors

Penney Luhrs

Gary Williams

Rachel Hendricks

I hereby certify that this Resolution was adopted at the Reorganization Meeting on January 4, 2021 by the Board of Supervisors.

Shahana Shamim, Secretary

Milford Township

From: Kathy D'Antuono [kdantuono@pikepa.org]
Sent: Monday, December 28, 2020 12:34 PM
Subject: Pike County Area Agency on Aging January Newsletter
Attachments: January 2021 Newsletter.pdf

Hello Everyone,
Attached please find our January, 2021 newsletter.
Happy New Year!



Kathy D'Antuono

Clerk Typist III
Pike County Area Agency on Aging
150 Pike County Blvd.
Hawley, PA 18428
570-775-5550 x 1301
www.pikeaaa.org



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facebook

INSIDE THIS ISSUE

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- Page 9- Food Pantries
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STAY SAFE, STAY



"I would like to thank the people who are responsible for my gift package yesterday that was delivered with my meals on wheels. It was so thoughtful and the choices were so well thought out. Whoever did it, did a wonderful job. This is Bernadette J. and I receive meals on wheels and I just wanted to thank everyone for the lovely gift. Thank you so much!"

ENTREES AT A GLANCE

Milk served with all meals

1/1-ALL CENTERS CLOSED

NEW YEAR'S DAY

1/4-Chili

1/5-Chef Salad

1/6-Salisbury Steak

1/7-Chicken Strips

1/8-Hot Dog (s)

1/11-BBQ Chicken Breast

1/12-Potato Crunch Fish Filet

1/13-Stuffed Shells

1/14-Hot Turkey/Gravy

1//15-Pasta, Broccoli & Garlic Sauce

1/18-ALL CENTERS CLOSED

MARTIN LUTHER KING JR DAY

1/19-Stuffed Cabbage

1/20-Roast Chicken

1/21-Chicken Stir Fry

1/22-Beef Stew

1/25-Meatloaf & Gravy

1/26-Tuna Salad Hoagie

1/27-Vegetable Lasagna

1/28-Lemon Chicken Breast

1/29-Pork & Sauerkraut

1/30-Pasta Bolognese



Thank
You
Ladies
of
Milford
for
the
wonderful
donations



Every year in late January when the sun moves into gate 41 a new cycle of experience starts.

The Human Design New Year 2021 forecast describes the global energies that will determine our collective experience. Those energies affect all of us, and we can't avoid them throughout the year, there is no escape from the matrix.

Understanding can help us to feel more secure in our decisions, to take things with more ease and maybe even with a little bit of humor.

It helps when you take a step back once in a while and look at what has just occurred this past year. We were blessed with so many helpers for our seniors this year, so many dedicated staff here at my Agency and generous community members for programs. While our way of delivering meals and definitely the numbers changed, we learned, grew, and found new friends and bigger sense of community. Some of the high points are on page 8.

Look for some creative programs to come this Spring, cooking demos via Facebook Live, Attorney General programs on

- *Insurance Fraud
- *Medicaid Fraud
- *Social Media 101
- *Veteran Fraud & Identity Theft
- *Senior Bullying
- *Romance Scams
- *Senior Crime Prevention—POA
- *COVID Scams
- Holidays Scams



WARMING CENTER

The Agency is providing its warming stations in a different variation due to the limited number of senior centers open. We are working with our Pike County Emergency Management for where folks can go to stay warm when there is power outages and or heating system failures. More TBA.

Healthy Ideas is starting in January. We have three trained staff people who will be able to work with those who are dealing with too much of this and not enough of that to feel healthy and supported.

I am excited to have this program help many who are also dealing with the isolation and loneliness in this holiday season.



Healthy IDEAS

Identifying Depression & Empowering Activities for Seniors

What is it?

An evidence-based program that integrates depression awareness and management into existing case management services provided to older adults.

Our trained Healthy Idea providers, here at Pike AAA will work with our consumers

Empowering older adults to manage their depressive symptoms through a behavioral activation approach that encourages involvement in meaningful activities.



Healthy IDEAS

ncoa

National Council on Aging

SMP SCAM WATCH: COVID-19 VACCINE

Please remember, no legitimate agency will ever call you and ask you for your personal information over the phone.

Be on the lookout for COVID-19 scams:

- You *likely* will not need to pay anything out-of-pocket to get the vaccine during this public health emergency.
- You cannot pay to put your name on a list to get the vaccine early.
- No one from Medicare or the Health Department will contact you.
- Beware of providers offering other products, treatments, or medicines to prevent the virus.
- No one from a vaccine distribution site or health care payer will call and ask for your Medicare number, Social Security number, or banking information to sign you up for a vaccine.

Contact the SMP to report Medicare fraud, errors, or abuse at 877.808.2468 or at smpresource.org.

SUPPORTS BY CORNELL UNIVERSITY

The World Health Organization announced that dogs cannot contract COVID-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.

LIVING A HEALTHY LIFE WITH CHRONIC CONDITIONS

We will be running a program called Chronic Disease Self-Management in the upcoming months. We need to look at the consequences of most chronic diseases. These diseases, be they heart disease, diabetes, liver disease, emphysema, or any one of a host of others, cause most people to lose physical conditioning and experience fatigue. In addition, they may cause emotional distress such as frustration, anger, depression, or a sense of helplessness. Health is soundness of body and mind, and a healthy life is one that seeks that soundness. Therefore, a healthy way to live with chronic illness is to work at overcoming the physical and emotional problems caused by the disease. You will not find any miracles or cures. Rather, you will find tips and ideas to make your life easier.

If you are interested in this program please call 570-775-5550 and leave your name and phone number. We will contact you and give you more details. Due to COVID, and the centers beginning closed this program will be done by phone conference. We can only have 6 participants at a time. Priority will be given to early registration, so please, contact us quickly.

Thank you,
Lana

where was yesterday,
 The normal it seem
 To have been
 The freedom in life
 Day out, day in
 Never caring what it's all about.
 Now as time goes by
 Here we are
 A new day with challenges to meet,
 Yet we are far apart
 Not a time to greet.
 We must be safe
 For tomorrow will come
 But for now we must wait.
 A little time soon this germ
 Will pass, it will not last.
 Strength in numbers
 World renown, we come together
 For love abound.
 Now we pray
 Father, Son and Holy Ghost,
 as it was in the beginning,
 is now and ever shall be,
 World without end
 for you and me Amen

By Gabrielle Gerke
 © 2020

**Where was yesterday,
 The normal it seem to have been
 The freedom in life Day out, day in
 Never caring what it is all about
 Now as time goes by,
 Here we are
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 As it was in the beginning is now and ever shall be
 World without end, for you and me Amen**

By Gabrielle Gerke - 2020

GOODBYE, 2020



LIHEAP helps low-income families pay for their heating bills. LIHEAP is a grant. You do not have to repay it.

- To receive help
- Apply between Nov 2, 2020 and Apr 9, 2021
 - You don't have to be on public assistance
 - You don't have to have an unpaid heating bill
 - You can either rent or own your own home

Apply online at: www.compass.state.pa.us
 Request an application by calling 1-866-857-7095

- To apply, you will need:
- Names of people in your household
 - Dates of birth for all household members
 - Social security numbers for all household members
 - Proof of income for all household members
 - A recent heating bill

INCOME GUIDELINES 2020-2021	
Household Size	Maximum Annual Income
1	\$19,140
2	\$25,860
3	\$32,580
For each additional person add \$6,720	

If you are seeking assistance to apply for LIHEAP, please call our office at 570-775-5550 to schedule an appointment. All appointments will be by phone.

Blooming Grove Senior Center
150 Pike County Blvd.
Hawley PA 18428

TAKE OUT ONLY RESERVATIONS REQUIRED

570-775-5550

Lunch served at 11:30 am
Monday through Friday
8 am to 4 pm

\$2.00 donation Exact change REQUIRED



**FACE MASKS
REQUIRED**

Lackawaxen/Shohola Senior Center
Lackawaxen Fire Dept.
Beisel Beck Rd & Rte 590
Lackawaxen PA 18435

RESERVATIONS REQUIRED FOR PICK UP

570-775-5550

Wednesdays & Thursdays 9:00 am to 2:00 pm

\$2.00 donation Exact change REQUIRED

Donation Coupon Please make your donation payable to:
Pike County Area Agency on Aging (PAAAA)

Mail to: Pike County Area Agency on Aging, 150 Pike County Blvd., Hawley, PA 18428

Name: _____

Address: _____ Zip: _____

May we print your name as a donor? YES NO Amt of Donation:\$ _____

THANK YOU FOR YOUR GENEROSITY

Ran out of toilet paper and started using lettuce leaves.
Today was just the tip of the iceberg, tomorrow *romaines* to be seen.

30 days hath September, April, June, and November,
all the rest have 31, except for March which was infinite.

STATE-BASED HEALTH INSURANCE

PA created its own State-Based Health Insurance Exchange last year (Act 42 of 2019) known as Pennie in an effort to reduce premiums.

For those looking to enroll in 2021 health coverage through Pennie, the new open enrollment period runs from Nov. 1, 2020 through Jan. 15, 2021.

Pennie will improve the accessibility and affordability of individual health coverage for Pennsylvanians. Pennie's goals include providing a seamless transition from those using HealthCare.gov; improving access to health care for all Pennsylvanians; lowering health care costs and premiums; and ensuring excellent customer assistance throughout the enrollment process.

January

2021

Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please remember if you receive home delivered meals the suggested donation is \$3 per meal, per person.</p> <p>Thank you for your generosity!</p>				<p>1 ALL CENTERS CLOSED NEW YEAR'S DAY</p>
<p>4 Cranberry Juice Chili Rice Mexicali Corn Corn Bread Citrus Wedges</p>	<p>5 Split Pea Soup Chef Salad (Turkey, Cheese, LT&O) Dinner Roll Pineapples</p>	<p>6 Beef Barley Soup Salisbury Steak Mashed Potatoes Carrots Rye Bread Apple Crisp</p>	<p>7 Cole Slaw Chicken Strips Rice Medley Sautéed Zucchini & Onions Wheat Bread Pudding</p>	<p>8 Potato Salad Hot Dog (s) Bun Baked Beans Potato Tots Ice Cream</p>
<p>11 Apple Juice BBQ Chicken Breast Roasted Potatoes Candied Carrots Wheat Bread Cake</p>	<p>12 Ham & Bean Soup Battered Fish Filet Rice Pilaf Pacific Medley Rye Bread Chocolate Pudding</p>	<p>13 Tossed Salad Stuffed Shells Sauce Green Beans Dinner Roll Fresh Fruit</p>	<p>14 Cranberry Juice Hot Turkey/Gravy Mashed Potatoes Succotash Rye Bread Pears</p>	<p>15 Red Cabbage Slaw Pasta, Broccoli & Garlic Sauce Carrots Italian Bread Jell-O</p>
<p>18 ALL CENTERS CLOSED DR. MARTIN LUTHER KING JR DAY</p>	<p>19 Chicken Noodle Soup Stuffed Cabbage Tomato Sauce Red Potatoes Corn Rye Bread Fresh Fruit</p>	<p>20 Carrot Salad Roast Chicken Rice Pilaf Brussel Sprouts Wheat Bread Peaches</p>	<p>21 Mandarin Salad Chicken Stir Fry Vegetables Rice Wheat Bread Fruited Jell-O</p>	<p>22 Orange Juice Beef Stew Potatoes Carrots Dinner Roll Pudding</p>
<p>25 Beets & Onions Meatloaf & Gravy Mashed Potatoes Creamed Spinach Rye Bread Fresh Fruit</p>	<p>26 Southwest Corn Chowder Tuna Salad on Hoagie Roll L/T/O Macaroni Salad Mandarin Oranges</p>	<p>27 Broccoli & Chick Pea Salad Vegetable Lasagna Pacific Medley Vegetables Wheat Bread Cookies</p>	<p>28 Tossed Salad Lemon Chicken Breast Orzo & Vegetables Wheat Bread Fruit Crisp</p>	<p>29 Apple Juice Pork Sauerkraut Mashed Potatoes Mixed Vegetables Rye Bread Pudding</p>

This morning I saw a neighbor talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog—we laughed a lot.

Day 121 at home and the dog is looking at me like,
“See? This is why I chew the furniture!”

Seniors Are Our First Priority



KNIGHTS OF COLUMBUS

Council 12571



FOOD FOR FAMILIES & FRIENDS PROGRAM

TAKE OUT DINNERS

MUST CALL IN FOR RESERVATION

MENU

WOW!
Pasta!

Meatballs & Sausage

Sun., Jan. 3, 2021
St. John's Parking Lot
1:30-3:00

MENU

Chicken Francese
with Rice

Sun., Jan. 10, 2021
St. Ann's Parking Lot
1:30-3:00

All are invited.

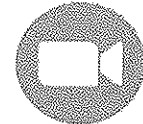
Donations are welcomed but not necessary

PLEASE CALL

St. John's 570-775-6791
Angelo- 570-775-2755

St. Ann's 570-832-4275
Frank -347-446-9636 or text

Call/Text Frank Fanelli for Either
Location 347-446-9636



ZOOM

**ZOOM exercise classes
with Lana on
Wednesdays at
1:30 PM**

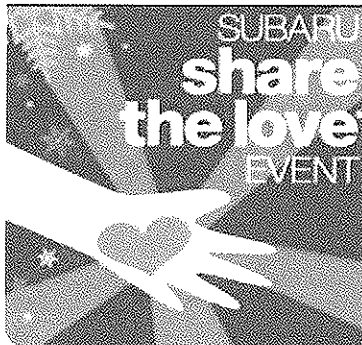
Exercise from
1:30 to 2:30
Line Dancing from
2:30 to 3:00

Send your request to
join to
kdantuono@pikepa.org

Or call 570-775-5550 and
give us your
email address
so we can send you the
link for the class

Join and have fun,
socialize and exercise

**FACE MASKS
NOT REQUIRED**



**SUBARU
share
the love
EVENT**

Over the last 12 years, Subaru and its
retailers have helped the Meals on wheels
network deliver more than 2.3 million meals
to seniors in need across the country.

You can help that number grow when you
buy or lease a new Subaru during the 2020
Subaru Share the Love Event,
November 19, 2020 to January 4, 2021.
Through this year-end sales event,
Subaru of America will donate \$250 to your
selected charity—and we hope you'll choose
Meals on Wheels.



MEALS on WHEELS

Nearly 9.7 million seniors
are threatened
by hunger
5.3 million of which
are food insecure or very
low food secure.

Meals on wheels
delivers the
support that
keeps seniors in their
homes,
where they want to be.

Learn more at
WWW.MEALSONWHEELSAMERICA.ORG/SHARETHELOVE